

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			¹ Happy New Year! 12 Pm SMART Recovery 2 Pm Refuge Recovery 6:30 Pm Al-Anon 7 Pm Newcomer's AA	² 10 Am Recovery Yoga at SNAP Fitness 4 Pm All-Recovery 4:30 Pm Smoking Cessation 5:30 PM AcuDetox 7 Pm Narcotics Anonymous	³ 12:30 Pm Big Book Study (AA) 7 PM Women's AA	⁴ 10 Am Recovery Yoga at SNAP Fitness 10 Am Steps to Food Freedom (OA)
⁵ 1 Pm Food, Fellowship, and Football 6 Pm AA: Open Discussion	⁶ 6 Pm Refuge Recovery 7 Pm Families Anonymous 7 Pm Writers for Recovery	⁷ 10 Am Yoga at SNAP FITNESS 2 PM Employment & Vocational Counseling 3 PM Healing Arts & Crafts 6 Pm As Bill Sees It (AA)	⁸ 12 Pm SMART Recovery 2 Pm Refuge Recovery 6:30 Pm Al-Anon 7 Pm Newcomer's AA	⁹ 10 Am Recovery Yoga at SNAP Fitness 4 Pm All-Recovery 4:30 Pm Smoking Cessation 5:30 PM AcuDetox 7 Pm Narcotics Anonymous	¹⁰ 12:30 Pm Big Book Study (AA) 7 PM Women's AA	¹¹ 10 Am Recovery Yoga at SNAP Fitness 10 Am Steps to Food Freedom (OA) 11 Am Reiki for Recovery
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²⁶ 1 Pm Matinee Movie (Football off week before the Super Bowl February 2!) 6 Pm AA: Open Discussion	²⁷ 3 Pm Create with Clay 6 Pm Refuge Recovery 7 Pm Families Anonymous 7 Pm Writers for Recovery	²⁸ 10 Am Yoga at SNAP FITNESS 3 PM Healing Arts & Crafts 6 Pm As Bill Sees It (AA)	²⁹ 12 Pm SMART Recovery 2 Pm Refuge Recovery 6:30 Pm Al-Anon 7 Pm Newcomer's AA	³⁰ 10 Am Recovery Yoga at SNAP Fitness 4 Pm All-Recovery 5:30 PM AcuDetox 7 Pm Narcotics Anonymous	³¹ 12:30 Pm Big Book Study (AA) 7 PM Women's AA	