

North Central Vermont Recovery Center

Weekly Meetings & Groups

MONDAYS

- 3 PM Create with Clay (last Monday)
- 6 PM Refuge Recovery
- 7 PM Families Anonymous (FA)

TUESDAYS

- 10 AM Yoga at SNAP Fitness
- 3 PM Healing Arts & Crafts
- 6 PM As Bill Sees It (AA)

WEDNESDAYS

- 12 PM SMART Recovery
- 2 PM Refuge Recovery
- 6:30 PM Al-Anon
- 7 PM Newcomer's AA

THURSDAYS

- 10 AM Yoga at SNAP Fitness
- 4 PM All-Recovery
- 5:30 PM AcuDetox
- 7 PM Narcotics Anonymous (NA)

FRIDAYS

- 12:30 PM Big Book Study (AA)
- 7 PM Women's AA

SATURDAYS

- 10 AM Steps to Food Freedom (OA)
- 11 AM Health/Wellness Workshop (Rotating Reiki, EFT)
- 1:30 PM Music Jam Sessions on the 1st and 3rd Saturdays

SUNDAYS

- 1 PM Food, Fellowship, and Football
- 6 PM Open Discussion (AA)

Open Hours:

Mon-Friday 9 AM- 6 PM

Saturday 10 AM – 4 PM

Sunday 11 AM – 4 PM

**275 Brooklyn St. #2
Morrisville, VT 05661**

**Contact Us at 802-851-8120
or recovery@ncvrc.com**

For more info on Meetings, Groups,
Workshops & Special Events visit
ncvrc.com/meetings

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[https://www.facebook.com/NorthCentralVermont
RecoveryCenter/](https://www.facebook.com/NorthCentralVermontRecoveryCenter/)

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