

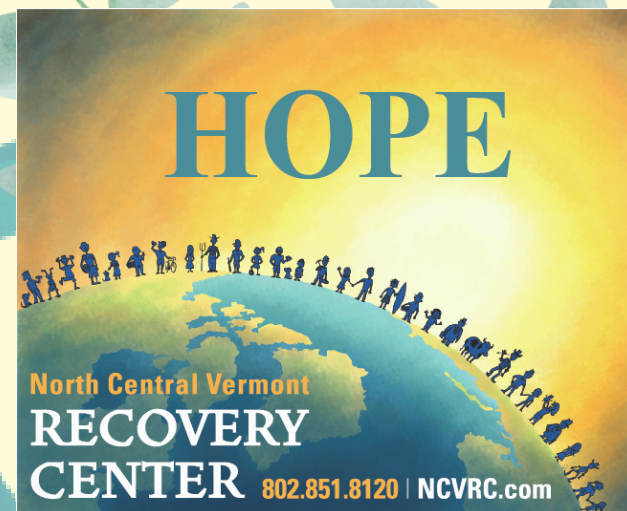


We strive to offer mothers the hope, help, and support that they need to succeed in recovery and to help their families flourish by providing ways to connect mothers with an individualized support system, creating opportunities that bridge the gaps between other organizations, fostering positive relationships, and most importantly giving mothers a safe place to come to without judgement, stigma, or shame so often linked to addictions.

North Central Vermont Recovery Center is a non-profit corporation dedicated to providing an upbeat, welcoming, safe, and substance-free environment for individuals and families on their paths to lasting recovery from alcohol and drug addiction.

North Central Vermont Recovery Center

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Moms In
Recovery
Support
Program



Crystal Bolio

Moms In Recovery Support
Program Coordinator

We're here for you!

Contact Crystal directly at
crystal.bolio@ncvrc.com

802-635-0084



<https://www.facebook.com/NCVRCMoms>

Programs:

Friday Night with Friends

This group will be an open format of discussion, offering a wide array of topics and activities. Childcare and snacks provided.

Mommy & Me

Strengthening relationships between parent and child while working on parenting skills, educational supports, nutritional activities, and an opportunity to build and maintain relationships with peers.

Moms in MAT

Find support and engage with other moms who are in an MAT program. A safe space to voice questions and concerns without judgement or repercussions.

Self-Care Saturdays

This group will teach moms in recovery the importance of self-care and educate them on methods they can use at home. Childcare provided.

Ways We Can Help:

Resource Referrals
Financial Assistance
Vouchers for Necessities
Support Groups
Recovery Coaching
Health & Wellness Services



Don't give up hope, help is available!
Starting the path to recovery is only a visit, phone call or email away!