



JOIN US FOR A DAY OF  
**REIKI FOR RECOVERY**

BROUGHT TO YOU BY THE:  
VERMONT REIKI ASSOCIATION

---

**THE 2<sup>ND</sup> AND 4<sup>TH</sup> SATURDAYS OF EVERY MONTH**  
**11 AM – 1 PM**

NORTH CENTRAL VERMONT RECOVERY CENTER  
275 BROOKLYN STREET, SUITE 2, MORRISVILLE

---

Reiki is an excellent tool to aid the process of recovery! Reiki can help ease the discomfort of the physical, emotional, mental and spiritual symptoms experienced in early recovery. Addiction affects all of us; whether it's ourselves, our friends and families, or the whole community. Please join us for a day of Reiki—free and open to the public. Donations appreciated and go to support your local Turning Point Recovery Center!

for more information contact: Gerette Buglion at  
[gerette@dreamhavenvt.com](mailto:gerette@dreamhavenvt.com) or 802-498-8015