

Harm Reduction Packs

Helping Vermonters reduce their risk of opioid overdose

Alcohol & Drug Abuse Programs

December 2019

The Department of Health, Division of Alcohol and Drug Abuse Programs launched the Harm Reduction Packs pilot project in June 2019.

What are the goals of the project?

The goals of the program are reducing the risk of overdose from opioids, generating greater awareness about treatment and recovery options and increasing treatment engagement.

KEY POINTS

- Reducing opioid overdose risk by providing education, naloxone and self-care products
- Provided to Vermonters at highest risk

How are the Harm Reduction Packs provided to Vermonters?

In order to reach high risk populations, there are 22 sites around Vermont that distribute the Harm Reduction Packs, including the AIDS Project of Southern Vermont, Vermont Cares, hospitals, police departments, and probation and parole offices and Syringe Service Program sites. In partnership with the Health Department, Division of Emergency Preparedness, Response and Injury Prevention there is a plan to send 800 Harm Reduction Packs to 200 Emergency Medical Service (EMS) sites for distribution during emergency calls.

What is in a Harm Reduction Pack?

Harm Reduction Packs include:

- 1 dose of Narcan with instructions
- Treatment and Recovery brochure
- HIV & Injecting Drugs 101 flyer
- VT 211 Rack Card
- Sterile Gloves
- Sanitizing Wipe
- Lip Balm
- Hepatitis C & Injection Drug Use flyer
- Syringe Services Program information card



For more information: Tina Royer, administrative services coordinator, <u>tina.royer@vermont.gov</u>