



NORTH CENTRAL VERMONT RECOVERY CENTER

Annual Report - Fiscal Year 2019

North Central Vermont Recovery Center is a 501(c)(3) non-profit organization dedicated to providing a safe, supportive, welcoming, and substance-free environment for individuals and families on their paths to lasting recovery from alcohol and other drugs.

Our vision is to enrich the lives of individuals and families who have been affected by addictions to alcohol and other drugs.

Most of our staff, coaches, volunteers and board members are people with lived experience with addictions, allowing us to provide powerful, effective insights around the issues facing our guests. All of our programs and services are provided free of charge with no eligibility requirements and to all people regardless of age, race, gender, religion, or sexual orientation.

NCVRC is open every day of the year, including holidays. The center is open and staffed 56 hours per week while also hosting support groups and workshops in the evenings outside of official open hours.

According to our sign-in system, during FY 2018-19 we received approximately 7128 visits, including at least 273 new, first-time visitors. During calendar year 2019 as of September 30, we have served at least 5923 people including 282 new, first-time visitors.

We support numerous pathways to and in recovery, including:

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| -Recovery Coaching (individual support and goal setting) | -Opiate addiction recovery assistance |
| -Recovery Coaching for family members | - Volunteer Opportunities |
| -24/7 Emergency department recovery coaching | - <i>SMART Recovery</i> and <i>All Recovery</i> groups |
| -Refuge Recovery (Buddhist-based recovery meeting) | -Alcoholics Anonymous |
| -Al-Anon (for family members/loved ones) | -Families Anonymous |
| -Healing Path Yoga | - Workshops |

- Substance-free social activities
- Arts and Music programs
- Health and Wellness Workshops (Reiki, Yoga, Acudetox, smoking cessation, nutrition)
- Employment and vocational counseling
- Expanded Food and Nutrition Education Program
- Gardening
- Harm reduction services
- Provision of free food, community meals
- A safe space to visit and meet others in a substance-free environment, including the use of computers, television, and a full kitchen to prepare meals.

We distribute NARCAN (an opioid overdose reversal medication) free of charge to anyone over 18 who requests it as well as other agencies. We also distribute harm reduction to go packs including Narcan, educational and instructive materials, and in some cases fentanyl test strips.

With the other 11 recovery centers in Vermont and the Vermont Recovery Network, we provide a Telephone Recovery Support Service to people upon discharge from an inpatient treatment facility or incarceration.

We collaborate with our many community partners, providing referrals and resources to assist with barriers and challenges connected with addiction, such as housing, healthcare, food, employment, parenting, transportation, inpatient and outpatient treatment, and legal issues.

Some of our community partners and partnerships include:

- Lamoille Restorative Center
- Lamoille Family Center
- Clarina Howard Nichols Center
- Copley Hospital
- Health Lamoille Valley
- Lamoille Chamber of Commerce
- Lamoille Sheriff's Dept.
- Morristown Police Dept.
- Stowe Police Department
- Lamoille County Mental Health Services
- Morristown EMS
- Community Health Services of Lamoille Valley
- Lamoille Housing Partnership
- Lamoille Community House
- The MAT team
- Laraway Youth and Family Services
- Treatment Associates
- Northern Vermont University
- Upstream Lamoille
- Unified Community Collaborative
- Lamoille Interagency Networking Team
- Lamoille Workforce Development Team
- The LV Housing and Homeless Coalition
- Vermont Cares
- Lamoille Professional Development Network
- Zero Suicide Committee
- Lamoille Development Professionals Network
- The VRN Committee of Directors
- The Intervention, Treatment and Recovery Committee
- IC&RC Certification Board
- VAMHAR

-Lamoille Care Management Team

-Family Action Network

-The Phoenix

-Step Into Action VT

We use all funds contributed to operate our organization wisely, ensuring ethical and prudent financial practices. In addition to fundraising events, we depend on generous grants from the state of Vermont, as well as contributions from local businesses and individual donors. Both volunteer time and financial contributions are critical to our ability to serve our community members.

Some of our funders include:

VT Dept. of Health	Vermont Community Foundation	Tarrant Foundation
United Way of Lamoille County	Ben & Jerry's Foundation	Concept 2
Wilkens Family Foundation	National Life Foundation	Vermont Mutual
North Country Credit Union	Private Individuals	Community National Bank
Bari and Peter Driessigacker	St. Johns in the Mountains Church	JCOGS
Jenna's Promise	G.W. Tatro	Union Bank
RiseVT	Hannaford	Healthy Lamoille Valley
Vermont Recovery Network	State of Vermont	Donald Blake, Jr.
H.A. and N.A. Manosh	The Mill Foundation	Hoehl Family Foundation
Red Hen Baking Company	Town of Stowe	

On behalf of the Board of Directors and the NCVRC family, we greatly appreciate and thank the community for supporting North Central Vermont Recovery Center.

Sincerely,



Daniel J. Franklin, Executive Director

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Celebrating 10 years of providing hope in the Lamoille Valley.