

WHO WE ARE



**NORTH CENTRAL VERMONT
RECOVERY CENTER IS A
NON-PROFIT
ORGANIZATION
DEDICATED TO PROVIDING
AN UPBEAT, WELCOMING,
SAFE, AND SUBSTANCE-
FREE ENVIRONMENT FOR
INDIVIDUALS AND
FAMILIES ON THEIR PATHS
TO LASTING RECOVERY
FROM SUBSTANCE USE
DISORDER.**

**A GROUNDBREAKING AND
HOLISTIC HEALTH AND
WELLNESS PROGRAM FOR
ALL PEOPLE IN RECOVERY,
OFFERING A STATE-OF THE
ART FITNESS FACILITY.**



**NCVRC AT JENNA'S HOUSE
117 ST. JOHNS ROAD
JOHNSON, VT
802-730-8122**



Health & Wellness Program



WHAT WE OFFER

- WELLNESS PLANNING
- GYM ACCESS
- FITNESS CLASSES & WORKSHOPS
- NUTRITIONAL SERVICES
- OUTDOOR ADVENTURES
- COMMUNITY CONNECTIONS
- JUDGMENT-FREE SUPPORT

WE'RE HERE FOR YOU!

**DON'T GIVE UP HOPE,
HELP IS AVAILABLE!
STARTING THE PATH TO
RECOVERY IS ONLY A
VISIT, PHONE CALL OR
EMAIL AWAY!**

CONTACT US:

**MORRISVILLE:
802-851-8120**

**JOHNSON:
802-730-8122**

EMAIL:

RECOVERY@NCVRC.COM

**VISIT OUR WEBSITE FOR
MORE INFO & TO VIEW OUR
CALENDAR:
WWW.NCVRC.COM/HEALTH-
WELLNESS**

OPEN GYM

@JENNA'S HOUSE

**-FREE GYM ACCESS FOR
PEOPLE IN RECOVERY**

**CHECK OUR CALENDAR &
WEBSITE FOR CURRENT
HOURS**

GROUP FITNESS CLASSES

**-ALL CLASSES ARE FREE
& OPEN TO THE PUBLIC**

**-YOGA-REIKI-ACUPUNCTURE-
& MORE!**

